



TERMS & CONDITIONS

Pilates Classes

1- Payment is to be made at the beginning of each term, depending on length of term time. Weeks can vary between 6 to 7 weeks in a block. Payment is made by either cheque, cash or via on line banking.

2-At the beginning of each term block booking for Pilates sessions, please inform me of any dates that you can not attend. These dates you will not be charged and you will only pay for the dates that you know in advance that you can attend. Any other cancellations that is notified within your term block booking such as, home, life, work except extenuating circumstances will be charged at full lesson rate.

However if you have signed up for either a Tuesday or a Thursday and can not make your allocated class due to home, work, life, etc. you do have the option to make up the missed class on an alternative day. For example if you have signed up for a Thursday class you have the choice

of making up that class up on any Tuesday that is at your first convenience. Just inform me of the date you wish to attend.

3- If you sign up for both a Tuesday and a Thursday. Again at the beginning of each term block booking, please inform me of any dates that you can not attend. These dates you will not be charged and you will only pay for the dates that you know in advance that you can attend. Any other cancellations that is notified within your term block booking such as, home, life, work except extenuating circumstances will be charged at full lesson rate.

Please note the make up option is not available for signing up for both classes, unless I introduce another class but a discount for joining both classes will be applied.

3-Classes are able to continue in the school holiday's, providing there are enough people to maintain the hall hire fees. Payment for school holidays, will have a different system due to the holiday period. If you know you are able to attend the school holiday period then if you like you can include this in your term block booking. Which ever is easiest.

5- Your place in class is non transferable.

6-A notice period of one month is required to cancel your place in class.

7-Refunds are not available

8- Students should provide their own mat, we will provide a limited number of mats, wedges on a first come first served basis.

9- Students should complete a Physical Activity Readiness Questionnaire.

One to one & Massage

1- When booking your first Pilate or movement coach session, first introductory session is half price of the regular lesson fees, however if you are having your introductory session in a place that requires room fees, then the fees will be added onto the price.

2- When booking one to ones or small group Pilate, movement coaching or massage, payment can be made on the day, either by cash, cheque or via on line banking. Or you may wish to pay in advance for a 5 week block at a reduced rate.

3- With One to One's or small groups, you have the option either to pay as you go or buy a block

of 5 sessions. When choosing the block of 5 option you will need to use up your 5 sessions within a 3 month period, failure to do so, will result in lose of the sessions that haven't been completed within the 3 months.

4-If you wish to cancel a session due to home, life, work, except for extenuating circumstances. Please give at least 24 hours notice to avoid being charged at full lesson rate.